



TRAINEE PARENTING THERAPIST

APPLICATION INFORMATION SHEET

Qualifications required

- Qualifications that demonstrate a capacity to complete academic work at postgraduate diploma level
- Minimum second-class Bachelor's Degree from a UK University or an overseas qualification of an equivalent standard in a relevant subject (e.g. psychology, social work etc).

OR

- Applicants who do not fulfil the academic criteria but with relevant professional experience are encouraged to apply and will be considered on a case-by-case basis.
- A training in a mental-health related profession (e.g. psychology, nursing, health visiting; social-work, occupational therapy, speech and language therapy, special needs teaching, psychiatry, other psychotherapy, counselling).

Other key requirements

- Understand the importance of working with parents to address child behavioural problems, and of the range of factors that can impact on the presentation of such problems.
- Possess excellent knowledge and understanding of issues relating to safeguarding children, and experience of working with safeguarding issues
- 2 years' professional experience working with children with behavioural problems and their families
- Capability to complete academic work at postgraduate diploma level, including IELTS or equivalent to the appropriate level for students with English as a foreign language (BAND D) <https://www.kcl.ac.uk/study/postgraduate/apply/entry-requirements/english-language.aspx>

Post Location

The position will be based at the Early Years Alliance CYP-PT Parenting Service base at **Eliot Bank Family Hub, Thorpewood Avenue, London SE26 4BU** but successful candidates will also be expected to travel to [Denmark Hill Campus of King's College London](#) for teaching during each week of the training year.

Training Information

This full-time training will begin in January 2027 with around 2.5 days a week for academic work (teaching and personal study), and 2.5 days based at the service seeing clients related to training assignments.

This is a **fixed term post** from January 2027 to December 2027.

Trainees will be both employee of the Early Years Alliance, working in the CYP-PT Parenting Service in Lewisham service, and an enrolled student with King's College London.

Information about the CYP-PT Parenting Service in Lewisham:

[Home Landing Page - Early Years Alliance Parenting Support](#)

This is a training and employment post and candidates will need to manage a demanding combination of academic work, self-study and clinical case work.

Upon completion, qualified trainees will receive a KCL Postgraduate Diploma.

More information about the course content and the different modalities can be found on the King's CYP webpage: <https://www.kings-cyp.com/page/recruit-to-train>

Application Process

This is a **dual** application process. In addition to applying for this position with us, you **must also complete a KCL application** for the Course Team to review. The Course Team will liaise with us on whether you meet the academic requirements for the course during the recruitment process. You will only be offered a KCL training place if you are successful in securing this post and you meet the university training requirements (such as academic background, relevant experience, visa approval).

Please read the application guidance and course brochure linked below for full information and instructions on how to apply and what to include in your application.

[KCL CYP-PT Parenting Wave 16 Jan 2027 - KCL Programme Brochure.pdf](#)

[KCL CYP-PT Therapies Wave 16 Jan 2027 - Application Guidance.pdf](#) (same application guidance applies for any of the 3 KCL modalities – CBT, SFP (CDD or ED), Parenting

2-Year Post-Graduation Rule for Progression to Further NHSE-Funded Training

Applicants should be aware that individuals who commence an NHSE-funded course listed on the webpage below will normally be required to **wait two years from the date of their qualifying exam board before they can start another NHSE-funded training programme:**

<https://www.hee.nhs.uk/our-work/mental-health/psychological-professions/funding-psychological-professions-training-programmes>

This requirement means that recent graduates of NHSE-funded programmes, including **Children's Wellbeing Practitioner (CWP)** and **Education Mental Health Practitioner (EMHP)** training, are not normally eligible to commence the **CYP-PT Therapy PGDip (Recruit to Train)** programme until two years have elapsed from their qualifying exam board date.

Applicants should also consider the impact of this rule on future training opportunities, as it applies to progression from the CYP-PT Therapy programme into other NHSE-funded programmes. For example, trainees starting the **CYP-PT Therapy programmes in January 2027** would typically complete their qualifying exam board in **April 2028** and would therefore not be eligible to begin another NHSE-funded training programme until **two years after April 2028**.