

EARLY YEARS ALLIANCE
50 FEATHERSTONE STREET LONDON EC1Y 8RT

Registered as an Educational Charity

JOB DESCRIPTION

JOB TITLE: TRAINEE PARENTING THERAPIST

BASED: LEWISHAM, SE LONDON

DEPARTMENT: BUSINESS DEVELOPMENT

RESPONSIBLE TO: CYP-PT PARENTING OFFICER

JOB PURPOSE: This is an NHS England funded training post as part of the CYP Psychological Training Programme (formerly CYP-IAPT/Recruit to Train) which involves some time working as a Practitioner in the CYP-PT Parenting Service in Lewisham, SE London, and some time studying with King's College London undertaking a programme of training in the Parenting Modality at King's College, SE London.

SAFEGUARDING REQUIREMENT:

The Early Years Alliance is committed to safeguard and promote the welfare of children and young people. It is a requirement of all staff that they share this commitment and follow the prescribed policy and procedures to continuously promote a culture of safeguarding across the whole organisation.

MAIN DUTIES:

1. Assess parents and carers for suitability for the treatment for which modality specific training is provided and agree programme allocation.
2. Formulate, implement and evaluate the required therapeutic intervention for clients in line with their training modality and experience, applying learning from the training programme in practice.
3. Deliver parenting group programmes and 1-1 interventions, both face-to-face within schools and family hubs, and additionally online.
4. Carry out outreach in the local community, as directed by the line manager, including within local schools and family hubs, to present the service to local parents and carers and professional colleagues, completing referral and registration forms as needed.
5. Complete all requirements relating to data collection within the service and keep clear records of all clinical activity in line with service protocols, guidance and performance standards.

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6. Fulfil the requirements of and complete a PG diploma at King's College London including practical, academic, and practice-based assessments, and regular attendance alongside private study and completion of set assignments.
7. Prepare and present clinical information for all families on caseload to clinical and case management supervisors within the service on an agreed and scheduled basis.
8. Ensure that client confidentiality is protected at all times and comply with data management systems and processes including submissions to the training provider.
9. Ensure clear professional objectives are identified, discussed and reviewed with senior therapists on a regular basis as part of continuing professional development.
10. Attend clinical/managerial supervision on a regular basis as agreed with Manager, and participate in individual performance reviews, responding to agreed objectives, and personal goals.

EQUALITIES:

The post-holder must be aware of and respect difference and ensure that children have equality of access to opportunities to learn and develop. They must have an understanding of and commitment to equality of opportunity and anti-racism issues.

POLICIES AND PROCEDURES:

The post-holder must be aware of and comply with all the charity's policies and procedures including those relating to: bribery and corruption, child protection, confidentiality, data protection, health & safety, security and signing agreement and contracts and financial and follow correct reporting procedures.

This job description is not an exhaustive list of duties, and you will also be required to carry out any other duties which may reasonably be required of you in accordance with the needs of the Early Years Alliance. You are also required to be flexible and adaptable with respect to your role.

PERSON SPECIFICATION:**Essential Criteria**

1. Qualifications that demonstrate a capacity to complete academic work at postgraduate diploma level:

Minimum a second-class bachelor's degree from a UK University, or an overseas qualification of an equivalent standard in a relevant subject (e.g. psychology, social work etc).

OR

Applicants who do not fulfil the academic criteria above, but who have relevant professional experience, are encouraged to apply and will be considered on a case-by-case basis.

2. A training in a mental-health related profession (e.g. psychology, nursing, health visiting; social-work, occupational therapy, speech and language therapy, special needs teaching, psychiatry, other psychotherapy, counselling).

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3. Understand the importance of working with parents to address child behavioural problems, and good awareness of the range of factors that can impact on the presentation of such problems.
4. Possess excellent knowledge and understanding of issues relating to safeguarding children and experience of working with safeguarding issues.
5. 2 years' professional experience working with children with behavioural problems and their families.
6. Experience of multi-agency working and liaising across internal & external agencies, and ability to communicate effectively and sensitively with families, children, young people and the professional network, e.g., schools, nurseries, social workers, family hubs teams, local support organisations, CAHMS etc.
7. Excellent time management, and ability to organise own time and diary while meeting targets set.
8. Ability to maintain clear, accurate records of casework and correspondence about families, complete assignments to a high standard, and complete reports and activities to enhance and support the CYP-PT Parenting service as requested by the line manager.
9. Ability to use supervision to reflect on practice, and present cases for clinical assessment, case supervision and quality assurance purposes.
10. Capability to complete academic work at postgraduate diploma level, including IELTS or equivalent to the appropriate level for students with English as a foreign language (BAND D) <https://www.kcl.ac.uk/study/postgraduate/apply/entry-requirements/english-language.aspx>
11. Able to demonstrate excellent IT skills, including use of Microsoft 365 including Word, internet and email.
12. Good attention to detail.
13. Ability to work using own initiative and as part of a team.
14. Commitment to Early Years Alliance aims and strategic objectives.
15. Understanding and commitment to equal opportunities, inclusion and diversity.

Desirable Criteria

1. Understanding of evidence-based practice and the ability to demonstrate how this influences clinical practice.
2. Demonstrates knowledge of theory in relation to child conduct problems (e.g., social learning theory).
3. Experience of working with child behaviour problems using parenting approaches.
4. Knowledge of services in Lewisham that can support vulnerable families.

TERMS & CONDITIONS:**Grade: NHS Band 6****Salary: £39,959 per annum (pro rata for part-time)****Annual Leave: 25 days 8 bank holidays (pro rata for part-time)****Contract: Fixed-term from January – December 2027**

This post is not exempt from the Rehabilitation of Offenders Act (1974) and does require a Disclosure and Barring Service check. Applicants must be prepared to disclose any convictions they may have and any orders which have been made against them. The level of this check is enhanced.

Pension: The table below shows what the base contributions are. You can also choose to give more than the minimum amount should you wish.

Date effective	Employer minimum contribution	Employee minimum contribution	Total minimum contribution
6 April 2019 onwards	3%	5%	8%

JOB DESCRIPTION SIGN OFF

Date issued by Manager:

Name:

Signature:

I confirm that I have received a copy of this job description and have had any questions about it answered.

Name of post holder:

Signature:

Date: